

## Janka Zalesakova

**Janka Zalesakova, Dr. Med.** – Vicepresident of the European Spas Association (former President ESPA), President of Slovak Spas Association, Head of the expert group Quality in Health Prevention, representative in European Platform on Diet, Physical activity and Health, Board member of Slovak medical society for Physiatry, Balneology and Rehabilitation, member of Spa State Comitee in Ministry of Health (Slovakia).

She worked many years as external university teacher (physiatry and balneology) in Medical University Bratislava and Trnava. She was author and co-author of 7 monographies, more than hundred expert articles linked with balneology, more than 200 balneological and bioclimatological reports for natural healing resources (mineral waters, peloids, climatic conditions) in 8 countries. Her medical specialization is in field of physiatry balneology and rehabilitation, internal medicine and rheumatology. She worked 16 years as medical director in the second biggest spa in Slovakia. Now she is running consulting company Balneotherma ltd.

Contact:

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## Contact data

### Janka Zalesakova

Vice President, President  
European Spas Association  
Slovak Spas Association



## Event

[Overweight And Obesity – Prevention Program, Best Practice From Slovakia's Medical Spas](#)

Friday, March 6, 2020, 11.00 - 11.30

Hall 21b

